



## Monday 21 December 2020 – Sunday 10 January 2021

**NORMAL TIMETABLE CONTINUES UNTIL SATURDAY 19 DECEMBER 2020.  
2021' TIMETABLE COMMENCES ON MONDAY 11 JANUARY 2021.**

**24 HOUR ACCESS AVAILABLE – ENQUIRE AT RECEPTION!**

**KEEP AN EYE ON THE MEMBERS PAGE FOR TRAINING ON  
PUBLIC HOLIDAYS OR WHEN THE GYM IS CLOSED!**

DATE	DAY	STAFFED HOURS	CLASS TIMES	CLASS TYPE
21 Dec	Monday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 6.30pm 6.30pm – 7.30pm	Grunt Fit Muay Thai Boxing
22 Dec	Tuesday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 6.30pm 6.30pm – 7.30pm	Grunt Fit Muay Thai – Beg Muay Thai – Level 1+
23 Dec	Wednesday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 6.30pm 6.30pm – 7.30pm	Grunt Fit Muay Thai Boxing
Closed Thursday 24 Dec – Monday 28 Dec 2020				
29 Dec	Tuesday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 7.00pm	Grunt Fit Muay Thai
30 Dec	Wednesday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 6.30pm 6.30pm – 7.30pm	Grunt Fit Muay Thai Boxing
Closed Thursday 31 Dec – Friday 1 January 2021				
2 Jan	Saturday	9.00am – 11.00am	8.20am – 9.20am 9.30am – 10.30am	Grunt Fit Muay Thai
Closed Sunday 3 Jan				
4 Jan	Monday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 6.30pm 6.30pm – 7.30pm	Grunt Fit Muay Thai Boxing
5 Jan	Tuesday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 7.00pm	Grunt Fit Muay Thai
6 Jan	Wednesday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 6.30pm 6.30pm – 7.30pm	Grunt Fit Muay Thai Boxing
7 Jan	Thursday	4.00pm – 8:00pm	4.40pm – 5.25pm 5.30pm – 7.00pm	Grunt Fit Muay Thai
Closed Friday 8 January				
9 Jan	Saturday	9.00am – 11.00am	8.20am – 9.20am 9.30am – 10.30am 9.30am – 10.30am	Grunt Fit Muay Thai Boxing

**FULL TIMETABLE COMMENCES MONDAY 11 JANUARY 2021**