



## PHOENIX 'OPEN DOOR' & CONCURRENT 'OTHER CLUB' TRAINING POLICY

Welcome to Phoenix. Most people that start at Phoenix have never trained in any martial arts before and this policy won't be relevant, but it is important to realise our position as you progress at Phoenix. Phoenix is a club many people migrate to take their training in a different direction or to a different level. This document outlines where we stand on your training with Phoenix and other martial art/Muaythai/Kickboxing/Boxing clubs.

Phoenix is proud of its achievements and confident in the high standard of our programs, coaches, services, classes and facilities that we have an 'open door' policy for anyone wanting to be a member. If you are a member of another club, you are welcome to train at Phoenix and balance how our training best fits into your life.

There are some guidelines to this policy and there are exceptions that you should note before joining Phoenix.

- Regardless of how often you train at Phoenix you are subject to our 'Code of Conduct' and 'Rules and Regulations'.
- If you are an instructor, coach or work in the fitness or martial arts industry in any capacity you must read the policy regarding this - 'Working in Related Industries'. This can be summarized by saying: if you want to join Phoenix you must declare your work, role, involvement with us and we will then discuss your training options so there is no conflict of interest. If you coach Muaythai, Kickboxing, Boxing or fitness anywhere, you cannot be a member at Phoenix, as that is a direct conflict of interest.
- Regardless of your experience, grade or self-importance, you start at Phoenix as with any new club or style – in beginner classes. Any grading or progression is based purely on our system and standards. People with experience in the programs we conduct may be invited to higher level classes when we feel you would be comfortable in them. If someone with Muaythai or Boxing experience comes from another club, your progression and involvement will be discussed between coaches. If you have defected from another Canberra club, please disclose this and ensure your previous club knows you have moved.
- Phoenix will not grade you in our system or invite you to Intermediate or above level classes whilst you train at another martial/combat sports club in Canberra.
- Loyalty and integrity are essential to your progression in the system and a character trait we encourage.

**Competitors:** Competition requires a level of commitment from you and your coaches and we do everything at Phoenix from a team approach. If you represent another club in competitions, in any style, then you cannot be a Phoenix member. If you want to join, you must leave the other club before you become a member.