



# Phoenix New Member Questionnaire

(Complete & return this form for some FREE wraps)

Please circle your responses

Name: \_\_\_\_\_

1. Male      Female

2. Age:      14 – 17 years      18 – 21 years      22 – 25 years      26 – 30 years  
                 31 – 35 years      36 – 40 years      41 – 45 years      46 – 50 years      51+ years

3. Why did you join Phoenix?

Fitness      Self defence      Health      Martial art training      For fun      For a challenge  
Recommended/ Word of Mouth      Interested to train to compete      Something different  
Other \_\_\_\_\_

What are your main goals? \_\_\_\_\_  
\_\_\_\_\_

4. Would you like us to talk to you about personal coaching?      Yes / No

5. How did you hear about Phoenix?

Family      Friends      Web Page/Internet      Word of Mouth      Google Search  
Facebook      Voucher      Other: \_\_\_\_\_

6. Did you watch the any of the videos on our web page?      Yes / No

Which one(s)? \_\_\_\_\_

7. How often are you going to train each week at Phoenix?      1      2      3      4      5      6      7+

8. Rank the programs in priority order for you (1 being highest priority).

Phoenix Fit      Muay Thai      Boxing      BJJ      MMA      Own training  
(   )      (   )      (   )      (   )      (   )      (   )

9. Are you planning to do morning classes?      Yes / No / Maybe

10. Have you had any previous experience at any martial arts? If YES – what are you looking for at Phoenix?

\_\_\_\_\_  
\_\_\_\_\_

11. Are you also a member of another gym/club? If yes; WHY? \_\_\_\_\_

What do you do at the other gym/club? \_\_\_\_\_

12. Do you have more than one family member training at Phoenix?      Yes / No

If yes, who?      Partner/Spouse      Child(ren)      Other family member

13. Do you have any other comments?

\_\_\_\_\_  
\_\_\_\_\_