



## PHOENIX 'OPEN DOOR' POLICY. CONCURRENT 'OTHER CLUB' TRAINING.

Welcome to Phoenix. Phoenix is a club many people migrate to, whether to just experience, to look for more or to take their training in a different direction. This document is outline where we stand on your training with Phoenix and other martial art clubs.

Phoenix is proud of our achievements and confident in the high standard of our programs, coaches, services, classes and facilities that we have an 'open door' policy for anyone wanting to do martial arts or fitness training. You are welcome to train at Phoenix and balance how our training best fits into your life. We are confident we will grow together. Regardless of your martial art experience or goals there is something at Phoenix that will make you a better practitioner.

There are some guidelines to this policy and there are exceptions that you should note before joining Phoenix.

- Regardless of how often you train at Phoenix you are subject to our 'code of conduct' and 'rules and regulations'.
- If you are an instructor, coach or work in the fitness or martial arts industry in any capacity you must read the policy regarding this - 'Working in Martial Arts or Fitness'. This can be summarized by saying: if you want to join Phoenix you must declare your work, role, involvement with us and we will then discuss your training options so there is no conflict of interest.
- Regardless of your experience, grade or self-importance you start at Phoenix as with any new club or style – in beginner classes. Any grading or progression is based purely on our system and standards. People with experience in the programs we conduct may be invited to higher level classes when we feel you would be comfortable in them. People from styles that differ from our programs – you are here to learn so you start at the start.

### **Exceptions to the open door policy**

**Competitors:** Competition requires a level of commitment from you and your coaches and we do everything at Phoenix from a team approach. If you represent another club in competitions then you should train with them 100% unless arrangements are made between our head coach. For example – if you compete MMA and do BJJ somewhere else, you cannot do Boxing (train) at Phoenix.

If you want to represent Phoenix at competitions for any of our programs then you must be a loyal dedicated member to be in our team. You train with Phoenix as a part of our fight team 100%.

**Senior Students:** Any training for your development is to be discussed with your program coach. Loyalty and integrity are essential to your progression in the system.